

WELCOME!
Please enjoy our Regional Parks safely, and help us protect and preserve your parklands by complying with park rules and regulations.

- SAFETY and ETIQUETTE**
- Stay on trails. Taking shortcuts can be dangerous and causes erosion.
 - Wading and/or swimming in undesignated areas may be dangerous and may harm the watershed.
 - Carry and drink plenty of water. Dehydration is a leading cause of injuries on the trail.
 - Be prepared for sudden changes in weather conditions.
 - Trails can be slippery, rocky and steep. Proceed carefully at your own risk.
 - Wildlife may be present on the trails at any time. Feeding or approaching wildlife is dangerous and illegal.
 - Bicycles are permitted on designated trails only. Horses have the right-of-way on trails.
 - Keep the parks beautiful. Pack out what you pack in.

- RULES**
- Dogs are not allowed in the reservoir. Dogs must be leashed 200 feet from any trail or park entrance. Dogs must be leashed in parking lots, picnic areas, developed areas such as lawns and play fields, and on some trails. They must be under voice control at all times.
 - Swimming, wading, and other water contact activities are prohibited in the reservoir.
 - Alcoholic beverages are not permitted in Contra Loma Regional Park.
 - Drones are prohibited.
 - Smoking is prohibited, except in overnight campsites.
 - State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. All bicyclists and equestrians are strongly encouraged to wear helmets at all times.

Visitors are responsible for knowing and complying with park rules, available online at www.ebparks.org/rules.

LEGEND

Red trails indicate easy, short-loop trails

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|--|---|--|------------------------|
| | Hikers, Horses & Bicycles | | Volleyball Court |
| | Trail On Paved Surface | | Fishing Permit Machine |
| | American Discovery Trail/
Mokelumne Coast-to-Crest Trail | | Phone |
| | Mileage Between Points | | Information |
| | Paved Road | | Picnic |
| | Creek | | View Point |
| | Parking | | Horse Water |
| | Equestrian Staging | | Pond |
| | Boat Launch | | Gate |
| | Restrooms | | Fence |
| | Drinking Water | | |
| | Swim Lagoon | | |
| | Changing Rooms | | |
| | Food Concession | | |
| | Disabled Accessible | | |
| | Horsehoes | | |

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