

## Redtail Loop Trail

1.50 miles, 40 min. round-trip Leads from north edge of the parking lot up steep grassland trails. Views of Stanford and Palo Alto to the Bay. Hilly terrain, trails are very steep in places—at the steepest place the trail has a 15% slope. Trail tread is natural soil with few obstacles.

#### Juan Bautista de Anza Historic Trail

1.28 miles, 30 min. one-way This regional trail leads from the border of Los Altos Hills

through the Preserve and back

use trail travels past Arastradero Lake through mixed terrain including stands of wildflowers. Very steep in places—at the steepest place the trail has a 15% slope. Mixed trail surfaces including natural soil, loose and compressed gravel and wood footbridges.

### **Bowl Loop Trail**

.68 miles

Seasonal access—posted closed during periods of heavy rain. Provides fun riding for mountain bikers of various skill levels. Hilly terrain through open grassland on narrow dirt trails. Trail leads through a dry stock pond and a small quarry. 400 ft. elevation rise from parking area to Loop.

### **Arastradero Creek Trail**

1.44 miles Follows Arastradero Creek from Arastradero Lake to Foothills Park. Pedestrians may enter Foothills Park on this Bay-to-Ridge Trail connection (no bikes or horses). Riparian corridor, shaded by oaks and bay laurels. Steep terrain—20% slope in places on the west end of the trail.

no obstacles.

#### **Arastradero Lake** .57 miles, 20 min. one-way from the parking area.

Follow the trail past the Gateway Facility across Arastradero Road and then along the de Anza Trail to the Lake. Once a ranch stock pond, now a home for many species of fish, reptiles and birds. Quiet place for resting and nature watching. Mixed terrain including loose and compacted gravel and native soil. Generally flat, broad trail except one stretch that rises 40 feet in 350 feet. No facilities.

# Woodrat Trail

.44 miles

Connects Meadowlark and Arastradero Creek Trails and wanders through beautiful shady oak woodlands to nearby Sobey Pond. Fairly consistent slope throughout—trail rises 50 feet. Natural soil surfaces; no obstacles. Best shade route.

Meadowlark & **Woodland Star Trails** 2.45 miles

Partial seasonal access posted closed during periods of heavy rain. For those who want a long trek, the winding Meadowlark Trail branches from the de Anza Trail and rises 300 feet on natural soil tread through open grassland to Vista Point. Best valley views. Trail continues on wide, hilly compressed gravel trail to Woodland Star Trail. Woodland Star Trail loops back to the de Anza Trail through shady oak woodlands. Steep in areas. Some root and rock obstacles on natural soil trail tread. Favored by equestrians.

## Small photos: Rosemary Lombard; large photo: Erik Goetze; lettering: Carl Rohrs; graphic design: Sharon Erspamer, April 2011