



## The County of Santa Clara California

### Fiscal/Budget Item 101509

Approved  
Jun 2, 2020 9:30 AM

**Approve Inventory Item No. 13 to provide a grant to Bay Area Older Adults in the amount of \$5,000 relating to virtual programming for older adults, and refer to Administration for consideration in the development of the Fiscal Year 2020-2021 Recommended Budget. (Ellenberg)**

#### Information

**Department:** Supervisor Susan Ellenberg  
(Supervisory District Four)  
**Category:** Budget  
**Sponsors:**

#### Attachments

[Printout](#)

#### Body

##### **FISCAL IMPLICATIONS**

There is a one-time cost of \$5,000.

##### **REASONS FOR RECOMMENDATION**

While the Shelter in Place (SIP) order is critical to reduce the transmission rate of COVID-19, it unfortunately increases instances of social isolation felt by seniors. Social isolation increases the rate of senior mortality and other detrimental health impacts such as depression and anxiety by 50%. While SIP has shut down all senior activity centers and social settings where seniors would typically find support, virtual group activities can serve to reduce social isolation.

This \$5,000 investment will help fund a total of 12 virtual programs per month that serve to improve the health and well-being of an estimated 185 socially and physically isolated older adults.

##### **CHILD IMPACT**

The recommended action will have no/neutral impact on children and youth.

##### **SENIOR IMPACT**

The recommended action will have a positive impact on seniors.

##### **SUSTAINABILITY IMPLICATIONS**

The recommended action will have no/neutral sustainability implications.

##### **BACKGROUND**

On March 31, 2020, in response to the SIP Order, Bay Area Older Adults (BAO) launched virtual programs for sighted and blind senior citizens. These include weekly afternoon discussion groups and educational classes where seniors can share and learn together. Classes include guided mindfulness courses that help seniors cope with the stress and anxiety caused by this pandemic. BAO also serves as a reliable source to link seniors with trustworthy information critical to helping our most vulnerable citizens access food resources, physical activity and educational programs they can do at home, ways to stay safe online, and more.

##### **STEPS FOLLOWING APPROVAL**

County staff will contact grantee to execute agreement and distribute funds.

#### Meeting History

**Jun 2, 2020 9:30 AM Video** **Board of Supervisors** **Regular Meeting**

**RESULT:** APPROVED [UNANIMOUS]  
**MOVER:** Mike Wasserman, Vice President  
**SECONDER:** Susan Ellenberg, Supervisor  
**AYES:** Mike Wasserman, Cindy Chavez, Dave Cortese, Susan Ellenberg, S. Joseph Simitian





## The County of Santa Clara California

### Fiscal/Budget Item 101523

Approved  
Jun 2, 2020 9:30 AM

**Approve Inventory Item No. 37 to provide a grant to Bay Area Older Adults in the amount of \$25,000 relating to the Healthy Hikes Program, and refer to Administration for consideration in the development of the Fiscal Year 2020-2021 Recommended Budget. (Cortese)**

#### Information

<b>Department:</b>	Supervisor Dave Cortese (Supervisory District Three)	<b>Sponsors:</b>
<b>Category:</b>	Budget	

#### Attachments

[Printout](#)  
[Public Comment](#)

#### Body

##### **FISCAL IMPLICATIONS**

There is a one-time cost of \$25,000.

##### **REASONS FOR RECOMMENDATION**

The funds would allow for Bay Area Older Adults to expand the Healthy Hikes Program to serve visually impaired, blind and bereaved seniors living in Santa Clara County. This outdoor educational walking and socialization program is tailored to serve these two vulnerable populations to ensure their physical and emotional needs are addressed early to prevent future illnesses and stabilize existing chronic diseases.

The original request from this organization was \$92,775, which has been reduced by 73% due to the recently instated funding cap.

##### **CHILD IMPACT**

The recommended action will have a positive impact on children and youth.

##### **BACKGROUND**

Founded in 2008, Bay Area Older Adults (BAO) is a nonprofit 501(c)(3) that serves Santa Clara County senior citizens. It's mission is "to empower older adults to improve their physical and mental health, and social well-being so they can continue independent living."

Over the last seven years, BAO's Healthy Hikes Program has taken more than 4,000 older adults who have walked more than 12,000 miles.

#### Meeting History

<b>Jun 2, 2020 9:30 AM Video</b>	<b>Board of Supervisors</b>	<b>Regular Meeting</b>
<b>RESULT:</b>	<b>APPROVED [UNANIMOUS]</b>	
<b>MOVER:</b>	Mike Wasserman, Vice President	
<b>SECONDER:</b>	Susan Ellenberg, Supervisor	
<b>AYES:</b>	Mike Wasserman, Cindy Chavez, Dave Cortese, Susan Ellenberg, S. Joseph Simitian	