

County of Santa Clara  
Board of Supervisors  
Supervisorial District Three  
Supervisor Otto Lee



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105776

**DATE:** May 12, 2021

**TO:** Board of Supervisors

**FROM:** Otto Lee, Supervisor

**SUBJECT:** Budget Inventory Item 45 - Bay Area Older Adults

**RECOMMENDED ACTION**

Approve Inventory Item No. 45 to provide a grant to Bay Area Older Adults in the amount of \$15,000 relating to Bay Area Older Adults Healthy Living Program, and refer item for final consideration and approval on June 17, 2021. (Lee)

**FISCAL IMPLICATIONS**

There is a one-time cost of \$15,000.

**REASONS FOR RECOMMENDATION**

Bay Area Older Adults request a onetime payment of \$15,000 to serve socially isolated senior citizens who are more likely to be at risk for diabetes, heart disease, depression and anxiety and have a higher risk of institutionalization. These chronic diseases reduce their quality of life and increase our county's public health expenditures. Proactive, preventative health programs like BAO's Healthy Living Program will increase sustainability by reducing healthcare spending.

**CHILD IMPACT**

The recommended action will have no/neutral impact on children and youth.

**SENIOR IMPACT**

Seniors will be positively impacted by reducing their feelings of isolation due to the pandemic. There is strong scientific evidence backed by hundreds of scientific publications dating back to 1970, indicating social isolation causes a 50% increase in mortality rates of older adults, and other detrimental health effects. There is existing scientific evidence indicating that virtual group activities like BAO's Healthy Living Program can reduce this social isolation.

**SUSTAINABILITY IMPLICATIONS**

The recommended action will have no/neutral sustainability implications.

## **BACKGROUND**

Bay Area Older Adults (BAO) is a charitable 501(c)(3) organization that offers two ways to expand your world. Bay Area Older Adults' mission is to empower older adults to improve their physical and mental health, and social well-being so they can continue independent living. Their main goals are preventing or stabilize chronic disease in the elderly population and enable them to fully participate in community life. Before the pandemic, BAO was directly assisting more than 5800 adults and provides referral resources to more than 42,000 seniors each year.

## **CONSEQUENCES OF NEGATIVE ACTION**

BAO's Healthy Living Program will not revive the grant and this program will not be able to serve as many seniors within our community. Because this program is a preventative program that attempts to decrease the admissions to health care program and increase the quality of life of older adults not funding this program will result in no net decrease in healthcare costs or other interventions that the county makes with this population.

## **STEPS FOLLOWING APPROVAL**

County staff will contact grantee to execute agreement and distribute funds.

Grantee shall submit proof of compliance with Board direction within five (5) business days after the funds are expended by Grantee or within 30 days after funds are disbursed to Grantee, whichever comes first. If Grant funds are not expended within 30 days, Grantee shall provide an explanation to the District 3 office and the Clerk of the Board of Supervisors, including an estimated date for the expenditure. In this case, proof of compliance shall be submitted when the Grant funds are ultimately expended.

Grantee will also submit a year-end report to the District 3 office, of no more than four pages, double spaced, with one-inch margins showing that they have met their deliverables by 11:59 pm on December 31, 2021.