

Willow Glen Resident



PAGE 23

Another side of the genius

Social justice: Walsh added to legacy with the creation of an internship program for minorities.

FRIDAY, SEPTEMBER 18, 2020 COMMUNITY-NEWSPAPERS.COM

\$1.00

BayArea
NewsGroup

175

Inside

PAGE 5

Education: U.S. Department of Education grants San Jose City College \$2.9 million.

PAGE 14

Law enforcement: San Jose police release first body cam footage from George Floyd protests.

PAGE 20

Entertainment: Monterey Jazz announces virtual festival lineup.

ONLINE

[Facebook.com/WillowGlenResident](https://www.facebook.com/WillowGlenResident)

BayArea
NewsGroup

Silicon Valley
Community
Newspapers



Virtual visits available
at Silicon Valley Pediatricians.



Stanford
Children's Health

genpeds.stanfordchildrens.org

Stanford MEDICINE

RECREATION

Bringing the hikes to you

Virtual tours of Uvas Canyon, Ravenswood set. Page 5



COURTESY PHOTO

Bay Area Older Adults is hosting virtual tours of two Bay Area parks. On Sept. 21, virtual hikers can take a walking tour of Uvas Canyon County Park in the Santa Cruz mountains. An Oct. 8 "Lunch and Learn" session will explore Ravenswood Open Space Preserve in East Palo Alto, pictured.



Bay Area Older Adults is hosting virtual tours of two Bay Area parks. On Sept. 21, virtual hikers can take a walking tour of Uvas Canyon County Park in the Santa Cruz mountains. An Oct. 8 “Lunch and Learn” session, will explore Ravenswood Open Space Preserve in East Palo Alto, pictured. (Courtesy photo)

By **ANNE GELHAUS** | agelhaus@bayareanewsgroup.com | Bay Area News Group
PUBLISHED: September 13, 2020 at 7:17 a.m. | UPDATED: September 14, 2020 at 3:29 a.m.

Bay Area Older Adults is hosting virtual tours of two Bay Area parks for those who want to get back to nature without worrying about air quality or airborne viruses. Each tour includes a live interactive discussion followed by a video walking tour of the park.

On Sept. 21, virtual hikers can take a walking tour of Uvas Canyon County Park in the Santa Cruz mountains. This park is known for its six waterfalls—some of which flow perennially—and for its sprawling, dense redwood forest. The pre-tour discussion starts at 1 pm. and will focus on the park’s wildlife, generally unseen by human visitors.

The tour will follow Uvas Creek trail, exploring the most scenic areas of the park where native birds, butterflies and lizards can be found. There will be time for Q&A afterward.

A “Lunch and Learn” session, co-sponsored by the Midpeninsula Regional Open Space District, is set for Oct. 8 at noon and will explore Ravenswood Open Space Preserve in East Palo Alto. This preserve features raised redwood boardwalks and observation decks for easy viewing of sensitive wetlands and birdwatching.

The pre-tour discussion will cover the history of the restored salt marshes, the resident and migratory shorebirds and waterfowl it attracts, varied flora this habitat supports and how to easily identify the birds one might find here.

The virtual walk will be along easy-access levee trails for an up-close view of the native plants and birds found in the restored tidal marsh wetlands and shoreline, and will be followed by a Q&A session.

Register for the virtual tours at <https://www.bayareaolderadults.org/bao-hikes>.

Tags: **Lifestyle**, **Outdoors**, **Parks**, **Seniors**



Anne Gelhaus | Editor, Silicon Valley Community Newspapers
Anne Gelhaus is editor of Silicon Valley Community Newspapers.