## HEALTH AND WELLNESS FOR LOCAL SENIORS

Bay Area Older Adults (BAO) provides 3,000 seniors in the County with physical activities, lifelong learning, nutrition, health and social support programs. These programs ensure the physical and emotional needs of seniors are addressed early to prevent future illnesses and stabilize existing chronic diseases.

I have proposed funding for BAO's Healthy Living Programs that will make up for other sources of financial support that are no longer viable. This will provide local seniors with uninterrupted access to the services they need and enjoy, such as hiking activities, health education, and more.



Supervisor Yeager with representatives from Bay Area Older Adults

## INVESTMENTS IN COMMUNITY HEALTH SOLUTIONS

In order to continue providing residents with some of the best healthcare services in the country, the County Public Health Department must be able to bring in experts and foster innovative ideas and approaches. I am proposing that the County fund two cutting edge health conferences in the coming year for this purpose.

The Healthy Innovative Practices Conference will bring together diverse leaders from the public, private, and nonprofit sectors to create and share innovative solutions to