

Success Story BAY AREA OLDER ADULTS ENVIRONMENTAL EDUCATION PARK CRAWL



\$8,000

OPEN SPACE AUTHORITY FUNDS
CONTRIBUTED TO PROJECT

2018

PROJECT AWARDED

The Authority helped fund Bay Area Older Adults' Environmental Education Park Crawl program. The project consists of eight, 4-hour walks in different parks and one wildlife lecture. Each two- to four-mile walk has an environmental theme that educates the participating adults age 60+ about our valley's parks, natural resources, and urban green spaces. It also includes lunch, coordination of transportation, parking fees, and three trained guides. Participants will benefit in multiple ways: safely walking outdoors in a group is critical in reducing the risk of heart disease, diabetes, colon cancer and depression, and learning about nature promotes cognitive health and reduces the risk of dementia.

Award Date:

May 24, 2018

Program:

Measure Q Environmental
Education Grant Program

Location:

Various locations countywide