

good news

jan-mar
2020

centered in God,
we co-create a world
that works for all

quarterly affirmations

God Is

Divine love within me impels me to see the good in everything and everyone and to bless those already in my life and those I encounter along my path.

I Am

Through the divine in me, I discover and develop my true spiritual potential. Prosperity flows to me and through me as absolute positive abundance.

law of mind action

With the creative power within, I envision a world filled with hope and a bright future for one and all.

prayer & meditation

With my mind and heart centered in God, outer matters don't distract me. I know that I am always divinely guided. Trusting in this truth helps me to know that my life is in perfect order. I think, act, and speak with clarity.

practical application

Through power of imagination and perseverance within, I AM divinely inspired to do more and be more.

roaring 2020 ~ expressing our spiritual magnificence

By Rev. John Riley

The Roaring Twenties. The 1920's were a time of dramatic change and cultural revolution. It was a time of great financial prosperity as the nation's wealth more than doubled in ten years. It was the birth of mass culture with the first commercial radio station. By the end of the decade there were radios in more than twelve million households. This led to the "Jazz Age" and jazz recognized as a major form of musical expression. Young people now with cars had the freedom to drive to dance halls and jazz clubs. It was the birth of the Charleston, the cake walk, the black bottom, the flea hop, and no, I do not know how to dance any of those dances! Most notably, it was 1920 when the 19th Amendment granted American women the right to vote.

There were also growing pains that came with these changes. It was the time of Prohibition and the rise of organized-crime. It was a time of "Cultural Civil War" and the rise of conflicts between city-dwellers and small-town residents, Protestants and Catholics, blacks and whites, "New Women" and advocates of old-fashioned family values.

One hundred years later, dramatic changes are occurring in record time and I believe it is time for a spiritual revolution.

It is time to awaken to our oneness with God and the Divine expressing Itself as us. It is time to take the next steps in our spiritual unfolding, the next steps to grow into a greater expression of our spiritual potential. It is time

for us to recognize and realize the abundance available to us at this very moment. It is time for us to lead the "Spiritual Age" and joyously dance. It is time for us to raise our spiritual voice.

There may be growing pains along the way. Through spiritual understanding and holding a vision of our highest good, we can create a life we want to live. Through our power of faith we gain the

confidence, trust, and determination to bring it into manifestation.

It is time for us to choose to take the next step on our spiritual journey. It is time for us to express our spiritual magnificence!

Make a Spiritual Roar!



Rev. John Riley
Senior Minister & Spiritual Director

the next step

by Joyce Riley
from her book
Color This Day Beautiful

Called to a higher vision,
I am taking a different view.
Steady of mind and body,
I see the world anew.
The world is moving forward.
If I stray I will adjust.
Through a spirit of understanding
I gain confidence and trust.

unity palo alto

sharing abundance

*Our vision: "Centered in God, we co-create a world that works for all."
Each month we share a portion of our abundance with organizations that empower this vision.*

JANUARY: YOUNG LIFE

Young Life is a faith based non-profit, outreach ministry. Our mission is to introduce adolescents to Jesus Christ and help them grow in their faith. Volunteer mentors build relationships with local middle and high school students in a holistic approach. We care for their whole person so they may know their unique worth and value in the eyes of God and in this world. We host club programs at Mountain View High School, Alta Vista High School (an alternative high school) and middle schools. For more information go to southpeninsula.youthlife.org

FEBRUARY: BAY AREA OLDER ADULTS

Bay Area Adults is a program that engages adults 55 and older. We get them outside using their minds and bodies to promote mental health and well-being. We have a healthy living program that teaches preventative steps for seniors to increase their physical activity. We also teach them about healthy lifestyles and expand their social safety nets. Outdoor activities include hikes, nature and history walks, and social picnics. Lectures cover a variety of topics. Art, science and cultural events are provided. For more information contact Bay Area Older Adults - Expand Your World

did you know...

By Carolyn Harder

That the YES Hall stands for Youth, Education and Social Hall?

That L.U.T. stands for Licensed Unity Teacher?

That the Fireside Room actually has a fireplace (with gas logs)?

That the Lending Library, located across from the bookstore in the entry room to the Fireside Room, has a large collection of books on spirituality? Find one you like, keep it as long as you need it, then return it or pass it on to a friend. No sign out, no fines, just good reading.

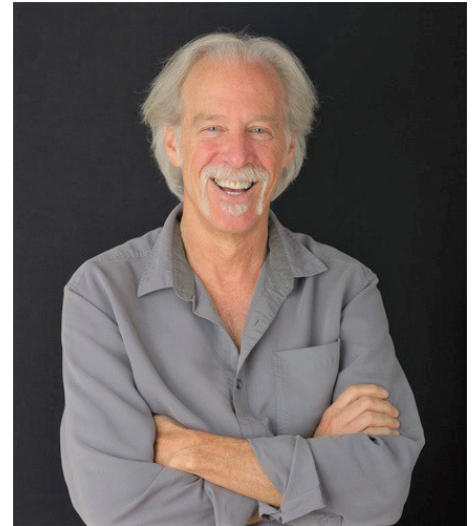
That our Sanctuary and facilities were dedicated in May 1991? The previous campus buildings were built in 1960. ●

CAROLYN HARDER is a Unity Palo Alto member and volunteer.

MARCH: PROJECT CORNERSTONE

Project Cornerstone is committed to helping all children and teens in Silicon Valley feel valued, respected and known. They work within the YMCA of Silicon Valley and more than 400 schools and community partners. Their in-school programs include:

1. The Asset Building Champions (ABC) and Los Dichos parent engagement programs, in which adults create positive connections with all children and youth in the community, and volunteer at schools by reading specially selected books and leading activities that help teach valuable lessons.
2. Middle School Clubs engage parents to encourage continued participation with youth.
3. Expect Respect is a bullying prevention program that empowers students to identify bullying and to design and implement action plans to stop bullying.
4. Take It Personally is a six-session workshop to educate and inspire adults to make a stronger commitment to supporting children and teens in all aspects of their lives.



Gregg Levoy

Author & Speaker

CALLINGS: IN SEARCH OF AN AUTHENTIC LIFE

Sunday Service on 1/12 @ 10:00am
Workshop 1/12 @ Noon

Gregg Levoy is the author of the bestseller *Callings: Finding and Following An Authentic Life* (Random House)—rated among the “Top 20 Career Publications” by the Workforce Information Group—and *Vital Signs: The Nature and Nurture of Passion* (Penguin). He has keynoted at the Unity Worldwide Ministries Conference (twice), the Smithsonian Institution, Environmental Protection Agency, National Conference on Positive Aging, Microsoft, American Counseling Association, National Career Development Association, and others, and has appeared on ABC-TV, CNN, NPR and PBS.

A former adjunct professor of journalism at the University of New Mexico, former columnist and reporter for USA Today and the Cincinnati Enquirer, and current blogger for Psychology Today, he has written about callings for the New York Times Magazine, Washington Post, Omni, Reader’s Digest, Fast Company, and many others. His website is www.gregglevoy.com.